

**SpiceRabbit.com**

# Mastermind Call

# What is a Mastermind?

A mastermind is a group of people in the trenches working on their business, learning and growing. The group meets regularly for an hour to share ideas, questions, resources and tactics. The group helps keep you focused and your business moving forward. There is no king or queen of a mastermind group. At it's core, masterminds are intended to be collaborative.

## Why Host a Mastermind Call?

Masterminds are an important part in becoming successful no matter what industry you're in. When you participate in a mastermind you are building a structure that literally pulls your business forward. It keeps you from getting sidelined. It keeps you focused because you're building an accountability system.

## Guidelines for the Call

- Be on time
- Each person on the call is expected to be present and 2-3 minutes early for the call. If you cannot attend let us know ahead of time.



# How to share feedback (offer solutions, not criticism)

Ask permission first. “May I offer you some feedback on X? Wait for a yes or no. If you get a no then respect their wishes. If you get a yes then feel free to be open. When you do this the person is much more likely to hear what you are saying. As a rule of thumb, praise in public and give feedback in private.

## Call Roles

**Call Facilitator:** Brian Whittaker

**Notetaker:** Everyone takes their own notes

## Call Structure

Share a recent win, then share what you’re working on

**Wins & Working On for the week/month** (5-7 mins per person)

We’ll kickstart the call by having each person share something you have accomplished recently that you want to celebrate as a win. Then that person will talk about goals you have for the week/month and actions you’re taking to get there.

**Hot Seat. What do you need help with right now?** (20 mins - optional)

Focused attention on one person on the call. Use these three sentence stems to explain your challenge and kickstart the hot seat:

The actions I've taken are ....

I'm feeling....

My question is ....

